

# The Parent Talk System



## The Language of Response-Able Parenting

- Practical, usable verbal strategies for raising responsible children.
- Skills to reduce family conflict and build family solidarity.
- Strategies to encourage autonomy and mutual respect.

## ***Mission Statement***

**It is our intention to strengthen families and improve parent communication skills by helping parents learn practical, useable verbal strategies for raising responsible, caring, confident children.**

# **The Parent Talk System**

The Parent Talk System is a style of communicating with children that creates emotionally healthy family relationships. It is a skill-based program that teaches parents a series of verbal skills and language patterns to help them achieve their desired objective of raising responsible, respectful children while reducing stress, strain, and family conflict.

There is an undeniable link between the words parents speak and the attitudes and outcomes that children create in their lives. Your choice of words, and your communication style, are critical to the self-esteem, emotional health, and personal empowerment of your children. By intentionally selecting words and language patterns that build autonomy and responsibility, you can empower your children and enhance their effectiveness as capable, caring human beings.

- Learn how to speak in words that nurture, uplift, and inspire.
- Learn how to hold children accountable for their actions without attacking their spirit or personality.
- Learn how to set appropriate limits and make controlled choice work for you.
- Learn to praise in ways that help children develop a strong internal sense of self-esteem.
- Learn language that promotes independence while reducing learned helplessness.
- Add to your tool box of parenting skills so that you and your child can become more Response-Able.

## **Parent Talk System Features**

### ***Practical and motivational:***

Participants get inspiration as well as concrete ideas to use immediately.

### ***Research-based:***

All Parent Talk System seminars are based on solid educational research.

### ***Skill oriented:***

Each session delivers skills to participants so they can in turn teach skills to their children.

### ***Keyed to implementation:***

Designed to prepare participants to immediately implement the strategies presented.

# ***PARENT TALK SYSTEM: WORKSHOP OPPORTUNITIES***

## **A Taste of Parent Talk**

*(2- hour overview)*

Features effective ways of talking to children that enhance self-esteem, stimulate learning, and encourage autonomy. Increases parents' ability to deal with typical daily situations and problems faced by all parents while communicating and expecting respect. Includes the 10 Best/10 Worst things you can say to your children. Entertaining and gets results.

## **The Language of Response-Able Parenting**

*(6-week/12-hour training)*

An in-depth exploration of skillful parenting through the use of effective Parent Talk. Consists of six, 2-hour modules designed to help parents set limits, create appropriate consequences, design controlled choices, build character, promote independence, and provide helpful feedback.

## **Facilitator Training**

A 3-day skill-based training that helps local facilitators teach parents how to raise responsible children. Includes techniques to assist parents to learn communication strategies to build love and trust within their families. Participants learn training strategies that allow them to teach The Parent Talk System with expertise and confidence. Ongoing technical assistance provided to all graduates.

The facilitator training is designed to prepare local trainers to skillfully present the Parent Talk System to parents in their communities. Promotional and publicity guidance will be provided to encourage increased attendance. Materials included with training are: a facilitator's manual, PowerPoint presentation, parent workbooks, DVD, forms, logos, advertisements, sample letters, and the soft cover Parent Talk book.

When you become a Parent Talk System facilitator, you will join a select group of people throughout the world who are already working to use these skills to improve family life in their communities.

***Call toll-free for dates of our next facilitator training 1-877-360-1477.***

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## ***Do something extraordinary for the parents in your community.***

"I quickly found that the Parent Talk System reduced stress in my clients and helped them respond to their children in a more healthy manner."

Tracey Garrison  
Aurora House, Toledo, OH

"You present these parenting skills in a way that is easy to replicate. Thank you for helping us help the parents of our students."

Janet Shanufield  
Cypress--Fairbanks Independent School System,  
Houston, TX

"These skills are so practical and useable. I can hardly wait to get started."

Tom Stopplemoor  
West Des Moines, IA



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***Parent Talk System Products:***

***Parent Talk: How to Talk to Your Children in Language That Builds Self-Esteem and Encourages Responsibility***

(paperback book) by Chick Moorman  
(\$15.00)

**PARENT TALK ESSENTIALS:  
*How to Talk to Kids about Divorce, Sex, Money, School and Being Responsible in Today's World***

(paperback book) by Chick Moorman  
and Thomas Haller (\$15.00)

***The Language of Response-Able Parenting*** (5 CD set) by Chick Moorman  
as interviewed by Judith Minton (\$39.95)

***The Parent Talk System Facilitator's Manual: The Language of Response-Able Parenting***

(manual) by Chick Moorman, Thomas Haller  
and Sarah Knapp (\$300.00)

***Parent Talk Focus Cards*** (52 card  
deck)

by Chick Moorman (\$10.00)

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