

Practical Strategies for managing Angry, Aggressive and Impulsive Students

Seminar Presented by



Dr. Thomas Haller

Aggression Specialist, International Presenter and
Author of Six Highly Acclaimed Books

**Specifically Designed for Educators Serving Grades K-12:
Classroom Teachers, special Education Teachers, Alternative Education
Teachers, Administrators, Behavior Intervention specialists, Counselors,
Instructional Assistants, Program Specialists, School Psychologists, and School
Social Workers**

- Highly practical strategies for working effectively with angry, aggressive and impulsive students
- Critical skills for reducing behaviors that can threaten the safety of all concerned
- Key methods for teaching angry, aggressive and impulsive students essential skills for managing their own behavior
- Powerful ways to affect long-term, positive changes in behavior for those students in the most need of change
- New prevention and intervention techniques that are effective in different educational settings

PRACTICAL STRATEGIES

Why is it that strategies for managing the angry, aggressive and impulsive students often don't work? Why do students continue to demonstrate extremely aggressive and impulsive behaviors in spite of consequences? What are teachers to do when faced with an angry and aggressive student that threatens the learning environment for everyone? These are difficult questions that educators and school administrators repeatedly seek to answer.

We know that the aggressive student is often inflexible, explosive and extremely sensitive to criticism. This leads to a perception of being a victim resulting in the student slipping into a fight or flight mode: no longer open to reason and logic. In these moments disciplinary interventions become ineffective and have the potential to escalate the student's aggressive behavior.

In this valuable seminar, Dr. Thomas Haller, internationally recognized presenter and award winning author, will focus on practical strategies for prevention and intervention that will work in the classroom. He will offer quick and easy techniques that enable students to look at their behaviors and learn from them, so that the automatic response of aggression is eliminated. He will provide step-by-step methods for teaching students the use of effective verbal skills for increasing impulse control and investing in positive outcomes. Dr. Haller will also teach essential strategies on how to hold students accountable for aggressive acts so they can experience consequences and learn to choose appropriate behaviors. He will give participants specific strategies and activities for accomplishing what everyone wants: positive change.

You'll leave this outstanding seminar with highly effective interventions and methods you can use immediately. **You'll also leave with a comprehensive resource handbook that will be a "go-to" resource for years to come.**

TEN KEY BENEFITS OF ATTENDING

1. **How to Work with Angry, Aggressive and Impulsive Students:** Moving up before you move in... Learn the appropriate tools to maximize results when addressing the three types of aggression... Learn how emotions affect one's thinking under pressure
2. **Increase a Student's Motivation to Manage Impulsivity:** Establishment of an atmosphere that decreases the incidents of verbal and physical violence...Multiple interventions that challenge the aggressive student's mentality...Steps for creating a specific plan for maintaining a positive attitude in an environment of uncertainty
3. **Decrease Angry and Aggressive responses in Students with poor Impulse Control:** Practical strategies for defusing explosive behaviors...Decreasing acting out behavior by emphasizing strategies of empowerment...Utilize the three crucial rules when students are in the midst of aggression
4. **Decreasing Angry Responses by Developing Student Self-Awareness and Self-Monitoring:** Learn a feelings vocabulary that identifies specifically what one is feeling and how to express it effectively...Techniques for managing the body's response to anger...Strategies for reducing the effects of stifled assertiveness
5. **Reducing Power Struggles with the Angry and Aggressive Student:** The importance of a shared control environment...Learn strategies for communicating anger without attacking character...How to increase a student's sense of personal power...Learn to evaluate a person's readiness to discuss problems, and how to move a difficult student into a problem-solving state
6. **How to Hold Students Accountable for Their Actions in a Way the Leads to Positive Change:** Learn how to implement the *dynamic responsibility equation*...Teach student's *response-ability* and seeing themselves as cause... The three special words that help students see themselves as cause... How to hold students accountable for aggressive acts so they can learn to choose appropriate behaviors... Learn how to help students own their own behavior
7. **Emphasize Restoration and Reestablishing the Student into the Learning Environment:** Discover the importance of debriefing...Learn how to construct consequences so that students are more likely to look within for possible alternatives to aggressive actions... How to use time-out as a cooling down period rather than punishment
8. **Learn Effective Strategies for managing Your Behavior While a Student is Out of Control:** Learn how to manage your emotions under pressure...Learn the three critical rules to follow when a student is in the midst of aggression...The key to knowing when to remove a child from the environment
9. **Adopt Specific Strategies for Handling a Student Who is in Tantrum or Attack Mode:** Understand the major reason why you should always go to the victim first...Utilize the A-R-A-R method when entering an aggressive situation...Learn the three essential rules of engagement...Learn the *One Minute Behavior Modifier*
10. **Receive an Extensive Resource Handbook:** You will receive a valuable resource handbook filled with ready-to-use ideas, strategies and interventions for managing anger, aggression and impulsive behavior

SPECIFIC TOPICS

- How to move up in consciousness before you move in with action
- Strategies for modeling a peaceful resolution of differences while implementing the best possible result
- Understanding the causes of anger and how to help children reframe emotional experiences
- How to teach students to communicate their anger without attacking the character of others
- The three special words that help students see themselves as cause
- How to construct consequences that are reasonable, related, and respectful
- Strategies for enabling students to look within for possible alternatives to aggressive actions
- How to implement the “dynamic responsibility equation” to help students learn response-ability
- Five essential tips for dealing with student anger
- How to decrease the incidents of verbal and physical violence through an atmosphere of peace and understanding
- The major reason why anyone entering an aggressive situation should go to the victim first
- The three crucial rules to follow when a student is in the midst of aggression
- Ways to recognize what part of the brain the aggressor is in and helpful strategies to move them quickly to an area of the brain that is conducive to problem-solving
- How to keep the focus on solution-seeking and solve problems more quickly
- Three direct instruction models so that educators can teach appropriate behaviors in ways that protect students from acts of aggression
- Strategies for helping victims so they are less likely to get caught in aggressive situations
- How to use time-out as a cooling down time rather than as punishment
- The key to knowing when to remove a child from the environment
- Self-assessment techniques for students to encourage creation of an internal standard
- Debriefing statements/questions to use with students to help them think about their behavioral choices and the results they produce

A Message From Your Seminar Leader, Thomas Haller



Dear colleague:

Year after year educators are expected to teach students more content regardless of the increasing class size or the student attitudes. Accountability for a student's learning is being placed on the shoulders of the teacher without considering what the student brings to the classroom. We all know that a student's attitude toward learning and peers plays a significant role in academic success. The angry and aggressive behavior of one student affects the learning potential for all. Teachers are expected to know how to manage student's aggression and reduce angry impulses while fostering a positive learning environment. To that end I have been working closely with educators, administrators, parents and children for over twenty years providing practical, easy to implement strategies for managing anger and transforming aggression.

In this seminar we will focus on three areas; Prevention, Intervention and Restitution. In these areas I will be providing you with an array of techniques for reducing power struggles, establishing accountability and creating an environment that promotes learning. We will address the types of aggression and the keys to transforming aggression into healthy self-esteem and assertiveness. Together we will explore the essential skills needed to work with angry, aggressive and impulsive students. We'll review ways to recognize what part of the brain an aggressive student is in and learn helpful strategies to move him quickly to an area of the brain that is conducive to problem-solving. I will help you learn how to implement the *dynamic responsibility equation* and utilize effective verbal skills for behavior management in the classroom. You will also discover how to use debriefing in a way that brings about restitution and returns the student to the classroom with a specific action plan.

I look forward to meeting you and helping you transform the angry aggressive students you encounter into responsible successful learners.

Sincerely



Thomas Haller

P.S. Our focus will be on practical strategies for building positive relationships, creating effective accountability and decreasing angry aggressive impulses with the students you teach every day.

WHAT YOUR COLLEAGUES SAY ABOUT THOMAS HALLER

“Dr. Thomas Haller is a dynamic, stimulating, enlightening and thought provoking presenter. You will be pleasantly surprised.”

“I got more information out of Thomas’ workshop than I thought I would ever need.”

“Dr. Haller’s workshop on transforming Aggression in Children was the best presentation that I’ve attended for educators in years.”

“This is information all first year teachers should have before they ever enter the classroom.”

“Thomas is inspiring! This is exactly what I have been looking for. I plan to start using his techniques in my classroom tomorrow. (Thank you, thank you, thank you).”

“Dr. Haller proves that seminars for teachers can be entertaining and practical. A well packaged and masterfully delivered professional development seminar.”

“Thomas Haller presents strategies for handling anger in an interesting, challenging and thought provoking manner.”

“Working as a school social worker addressing issues of anger and aggression on a daily basis with students I found Dr. Thomas Haller’s seminar to be extremely informative and practical.”

“Dr. Haller’s seminar was great! It was filled with energy and hands on experience.”

“Thomas is a highly energetic person who provides an alternative, more interactive approach to the subject of managing the angry and aggressive student.”

“Dr. Haller provided quick and easy techniques that I can put to use immediately.”

“This was an amazing seminar. Dr. Haller’s approach to managing and aggressive students is a seminar every teacher should be required to take.”

“The practical, step-by-step approach to creating accountability in the classroom was powerful. I look forward to working with the students who are consistently defiant and angry.”

“Dr. Haller, thank you for a refreshing approach to a difficult student population.”

“I’m excited about returning to the classroom and putting these wonderful strategies to use.”

Aggression Specialist, International Presenter and Author

Dr. Thomas Haller is a widely sought after national and international presenter in the areas of anger and aggression management and verbal language skills. He is considered one of the world's foremost authorities on empowering individuals with effective verbal skills for creating interpersonal change. Holding a Master of Divinity degree, a Master of Social Work degree and a Doctorate in Child and Family Studies, Thomas has extensive training in psychotherapy with children and couples. He is also the co-author of six highly acclaimed books. Dr. Haller has been working closely with educators and administrators for over twenty years developing classroom strategies to reduce angry and aggressive behavior in students while promoting a safe learning environment for all. In addition to his work with school professionals, Thomas is also the chief family and relationship correspondent to WNEM TV 5 (CBS affiliate) and the weekly radio personality on Mid-Michigan's number one radio station WIOG 102.5 FM. He has been a featured guest on over 150 radio shows, including such notable programs as Oprah Radio and The World Puja Network.

SPECIAL BENEFITS OF ATTENDING

1. You'll receive an Extensive Resource Handbook

Each participant will receive an extensive anger and aggression management handbook designed specifically for this seminar. The handbook includes:

- The types of aggression and the motivation behind them
- Specific verbal skill solutions to respond to aggression with the appropriate tools to maximize your results
- Five essential tips for dealing with student anger
- An extensive list of verbal and non-verbal aggressive behaviors
- The three crucial rules to follow when children are in the midst of aggression
- Quick, easy techniques to help students look at their behaviors and learn from them
- A step-by-step guide for implementing the *dynamic responsibility equation* and creating accountability in your classroom
- Several direct instruction models that will help you teach appropriate behaviors in ways that protect students from acts of aggression
- Self-assessment techniques for students to encourage creation of an internal standard
- A complete guide to establishing a responsible thinking process

2. Meet and Share – as is

3. Consultant Available

Dr. Haller will be available as the seminar for consultation regarding your specific questions and the unique needs of your own program.

4. Semester Credit Options – as is

5. Meet In-Service Requirements – as is